

**Entrance Antiphon:**

We should glory in the cross of our Lord Jesus Christ, for he is our salvation, our life and our resurrection; through him we are saved and made free.

**Opening Prayer**

God our Father,  
We are gathered here to share in the supper  
which your only Son left to his Church to reveal his love.  
He gave it to us when he was about to die  
and commanded us to celebrate it as the new and eternal sacrifice.  
We pray that in this eucharist  
we may find the fullness of love and life;  
through Christ our Lord.  
Amen.

**First Reading**

Exodus: 1-8; 11-14

The Lord said to Moses and Aaron in the land of Egypt, 'This month is to be the first of all the others for you, the first month of your year. Speak to the whole community of Israel and say, "On the tenth day of this month each man must take an animal from the flock, one for each family: one animal for each household. If the household is too small to eat the animal, a man must join with his neighbour, the nearest to his house, as the number of persons requires. You must take into account what each can eat in deciding the number for the animal. It must be an animal without blemish, a male one year old; you may take it from either the sheep or the goats. You must keep it until the fourteenth day of the month, when the whole assembly of the community of Israel shall slaughter it between the two evenings. Some of the blood must be then taken and put on the two doorposts and the lintel of the house where it is eaten. That night, the flesh is to be eaten, roasted over the fire; it must be eaten with unleavened bread and bitter herbs. You shall eat it like this: with a girdle around your waist, sandals on your feet, a staff in your hand. You shall eat it hastily; it is a passover in honour of the Lord. That night, I will go through the land of Egypt and strike down all the first-born in the land of Egypt, man and beast alike, and I shall deal out punishment to all the gods of Egypt, I am the Lord. The blood shall serve to mark the houses that you live in. When I see the blood, I shall pass over you and you shall escape the destroying plague when I strike the land of Egypt. This day is to be a day of remembrance for you, and you must celebrate it as a feast in the Lord's honour. For all generations you are to declare it a day of festival, for ever."

This is the word of the Lord  
Thanks be to God

**Responsorial Psalm**

Psalm 115:12-13, 15-18

**R. The blessing-cup that we bless  
is a communion with the blood of Christ.**

How can I repay the Lord  
for his goodness to me?  
The cup of salvation I will raise;  
I will call on the Lord's name. **R.**

O precious in the eyes of the Lord  
is the death of his faithful.  
Your servant, Lord, your servant am I;  
you have loosened my bonds **R.**

A thanksgiving sacrifice I make:  
I will call on the Lord's name.  
My vows to the Lord I will fulfil  
before all his people **R.**

**Second Reading**

1 Corinthians 11: 23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me'. In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

This is the word of the Lord  
Thanks be to God

**R. Praise to you O Christ. King of Eternal Glory.**

Jn 13: 34

I give you a new commandment:  
Love one another just as I have loved you, says the Lord.

**R. Praise to you O Christ. King of Eternal Glory.**

**Gospel**

John 13: 1-15

It was before the festival of the Passover, and Jesus knew that the hour had come for him to pass from this world to the Father. He had always loved those who were his in the world, but now he showed how perfect his love was.

They were at supper, and the devil had already put it into the mind of Judas Iscariot son of Simon, to betray him. Jesus knew that the Father had put everything into his hands, and that he had come from God and was returning to God, he got up from table, removed his outer garments and, taking a towel, wrapped it round his waist; he then poured water into a basin and began to wash the disciples' feet and to wipe them with the towel he was wearing.

He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'At the moment you do not know what I am doing, but later you will understand.' 'Never!' said Peter, 'you shall never wash my feet'. Jesus replied, 'If I do not wash you, you can have nothing in common with me.' Then, Lord, said Simon Peter, 'not only my feet, but my hands and my head as well!' Jesus said, 'No one who has taken a bath needs washing, he is clean all over. You too are clean, though not all of you are.' He knew who was going to betray him, that is why he said, 'though not all of you are.'

When he had washed their feet and put on his clothes again, he went back to the table. 'Do you understand', he said, 'what I have done for you? You call me Master and Lord, and rightly; so I am. If I, then, the Lord and Master, have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done for you.'

This is the Gospel of the Lord  
Praise to Christ our Lord

**Prayer over the Gifts**

Lord,  
Make us worthy to celebrate these mysteries. Each time we offer this memorial sacrifice the work of our redemption is accomplished.

*Communion Antiphon:* This body will be given for you. This is the cup of the new covenant in my blood; whenever you receive them, do so in remembrance of me.

**Prayer after Communion**

Almighty God,  
we receive new life  
from the supper your Son gave us in this world.  
May we find full contentment  
In the meal we hope to share  
In your eternal kingdom,  
where Christ is Lord for ever and ever.  
**Amen.**